

CLINIC: (612) 624-8600

Monday through Friday, 8:00 to 4:30.

**AFTER HOURS/WEEKENDS/
EMERGENCIES:
612.273.3000**

It is our desire that your recovery
be as smooth and pleasant as possible.

These instructions are given to assist you following
your surgery, but if you have any questions about your
progress, please call.

Home Care Instructions Following

Stage I Implant Surgery

**UNIVERSITY OF MINNESOTA
ORAL AND MAXILLOFACIAL SURGEONS**

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Postoperative Instructions

Stage I Implant Surgery

Bleeding: expect some minor bleeding the day of surgery. Report excessive bleeding to your surgeon immediately.

Swelling: Expect some swelling in the area of implant placement for up to 72 hours following the procedure. Ice packs may be used during the first 24 hours to help reduce swelling. While awake, ice packs should be utilized in a 20 minute on and 20 minute off fashion.

Pain: Moderate pain is common 24-48 hours following surgery. Take prescription pain medications as prescribed. If intense pain persists that cannot be relieved by prescribed pain medication, contact your surgeon.

Bruising: Occasionally bruising develops in areas close to the surgical site and may even extend along the neck to your collarbone. Any discoloration from bruising should disappear within a few days following surgery. If bruising continues to increase beyond the first 24-48 hours after surgery, call you doctor.

Antibiotics: May have been prescribed by your surgeon, take these as directed. Report any side effects, such as a rash or diarrhea, to your surgeon. Infection is rare following implant surgery, but occasionally an infection can occur. If fever, persistent swelling/pain or pus develops following surgery, contact your surgeon.

Cleaning your mouth: Your surgeon may have prescribed a mouth rinse called Peridex (Chlorhexidine). You should rinse and spit two times a day, starting the day after surgery. If Peridex was not prescribed, you may use warm salt-water rinses three times a day.

Tooth Brushing: If you have natural teeth remaining in your mouth, you should resume normal oral hygiene habits beginning the day after surgery. One should be gentle around surgical sites, a small amount of blood on your toothbrush is normal.

Wearing your dentures: If you wore a denture before surgery, your surgeon may request that you leave it out until your follow-up appointment. Contact your surgeon or prosthodontist before wearing your denture or if you have questions regarding wearing it.

Sinus: If you had implants placed in the posterior maxilla (upper jaw) sinus complications may occur. Any sinus symptoms such as stuffiness, pain or nasal regurgitations should be reported to your surgeon.

Trismus: or stiffness of the jaw muscles may be caused by swelling following surgery. As the swelling decreases, trismus should subside. If it persists, please call your doctor.

Numbness: Loss or alterations of sensation in the lower lip, tongue, cheek, chin, gums, or teeth can occur if implants are placed and a nearby nerve is irritated. Usually this is temporary, but in rare cases can be permanent. Report numbness to your surgeon at post-operative appointments if it is still present.

Nausea: If you had your implants placed under general anesthesia or IV sedation, you may experience nausea and vomiting for a few hours after surgery. If this persists or becomes severe contact your surgeon.

Exposed Implants: If you notice an implant is exposed through your gums, notify your surgeon. This is not necessarily a sign of implant failure, but your surgeon may want to see you before schedule follow-up. Continue recommended oral hygiene as stated previously.

Sutures: Your surgeon may have placed sutures that will dissolve in 10-14 days. If not, you may be required to return for suture removal.