

**CLINIC: (612) 624-8600**

Monday through Friday, 8:00 to 4:30.

**AFTER HOURS/WEEKENDS/  
EMERGENCIES:  
(651) 229-5296**

It is our desire that your recovery  
be as smooth and pleasant as possible.

These instructions are given to assist you following  
your surgery, but if you have any questions about your  
progress, please call.

**Home Care Instructions  
Following**

**Stage II Implant  
Surgery**

**UNIVERSITY OF MINNESOTA  
ORAL AND MAXILLOFACIAL SURGEONS**

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# Postoperative Instructions

## Stage II Implant Surgery

### BLEEDING

Expect some minor bleeding the day of surgery. Excessive bleeding should be reported to your surgeon.

### PRESCRIPTION MEDICATION

Take as prescribed

### PERIDEX

You may have received a prescription for Peridex (chlorhexidine). Rinse and spit two times a day. If Peridex was not prescribed, rinse and spit with warm salt water three times a day.

### SWELLING or DRAINAGE

If swelling or drainage develops from the surgical site; contact your surgeon.

### SUTURES

Resorbable sutures may have been placed in the surgical site; these usually dissolve in 7-14 days. If Non-resorbable sutures were placed, a follow-up appointment will be necessary for removal in approximately one week.

### DENTURE/PARTIAL

Your denture or partial will have to be modified after surgery. Do not wear your denture/partial until recommended by your surgeon or restorative dentist. If your denture/partial was modified but does not seem to fit right or is painful to wear, keep the denture/partial out until you can be seen by your restorative dentist.

### ORAL HYGIENE

Commence with normal oral hygiene practices the day after surgery. Be gentle around surgical sites.

### LONG TERM CARE OF YOUR IMPLANT

It is extremely important to continue regular dental visits to maintain your implants once they are restored. Meticulous oral hygiene is required and your dental hygienist should be informed that you have implants so that special care can be taken to maintain them. Dental radiographs (x-rays) should routinely be obtained, typically on an annual basis. Remember, if your implant prosthesis becomes looser you begin to experience pain, swelling or drainage around the implant please call your surgeon.